



**Jagdish R. Bhurani**

## **NATURAL BENEFITS OF URINE THERAPY**

### **Cancer can be Controlled and Cured Without Surgery and Chemotherapy**

**Natural Benefits of Urine Therapy one of the “Educational sections on Secret of Excellent Health” for every-one to maintain hale and healthy life. It has Natural Healing Powers to Control and Cure all kinds of Diseases. It is very effective healing modality and most powerful Natural treatment.**

**I have treated / cured patients suffering from:-**

**Stomach Cancer “CARCINOMA STOMACH”**

**Ovarian Cancer “PAPILLARY ADENOCARCINOMA”, Breast Cancer**

**HIV / AIDS**

**Diabetes, Kidney Failure**

**Nephritic Syndrome “A disease of Kidney where protein is lost in the urine”**

**Gall Bladder Stones**

**Motor Neuron Disease**

**Muscular Dystrophy**

**Mental Retardation**

**Cerebral Palsy**

**Vision, Hearing problem and Deformity**

**Acute Lumbar Spondylosis “A L S”**

**Premenstrual syndrome “P M S”**

**Low Sperms counts & low Motility**

**Asthma, Paralysis, Ulcer, Psoriasis, Skin problem, Thyroids, Hair Loss etc.**

**Urine Therapy is the ancient method of treatment which has been continuing from generation to generation. In the ancient method “Urine Therapy” was practiced in the traditional method of treatment which was very difficult for most of the people to adopt and achieve its benefits.**

**I have studied, Investigated and Researched the proper Method and technique to achieve the maximum Benefits from Urine Therapy which can be followed and practiced by every-one including young children suffering from Cerebral Palsy from the very birth. It can be adopted and practiced at home in a very easy method.**

**Urine Therapy is an entirely drugless effective system of healing all kinds of Chronic Diseases and maintaining good health. Most of the people have stigma attached to “Urine” as they are not aware of its benefits. They should develop the positive attitude, and realize the natural healing power within us. Persons suffering from chronic disease who adopt Urine Therapy in a cheerful manner and with the positive attitude will realize and observe the benefits in their mental and physical health within a short period of 10 to 15 days.**

**The proper method of Urine therapy is Drinking Urine, Massaging the whole body with Urine, keeping Urine wet pack, drinking water, and juices and by maintaining a balanced light diet. Persons who adopt this treatment in proper method will pass white colorless Urine (like water) which does not contain any smell and they can gain proper knowledge to achieve maximum benefits.**

**Doctors and scientists should believe the facts that “URINE has Natural Divine Healing Power” and there is only one Natural remedy which can Control and Cure various kinds of Diseases. They can do research and have scientific evidence that whatever I have claimed is the truth.**

**I have submitted the “Case history of some Patients”. The Testimonial and the recorded Statements of the patients are evidence of the scientific proof. For more details and video recording of the patients who have achieved benefits from Urine Therapy log on to: - Web site: - [www.urinetherapy.in](http://www.urinetherapy.in)**

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## **Dr. Ballal's Ayur Care Clinic**

**Special Care: Hair, Skin & Allergy, Asthma, Diabetes, Joint Pain Problems  
Sterility & all Types of Gynecological Problems**

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**Date 27-10-2010**

**I am Dr. K.C. Ballal an integrated Physician (B.S.A.M. Ayurveda degree and B.A.M.S Allopathy course) since 1977. I am a Regd. Medical Practitioner.**

**I started my career with 100% Allopathy line of treatment. In 1979 I joined Navashakthi Ayurvedic Aushadhalaya of Dr. C.D. Pants at 5<sup>th</sup> Main, 6<sup>th</sup> Cross, Gandhinagar BANGALORE. Then I started practicing Ayurveda during morning time and Allopathy during evening time.**

**Then slowly I came to know about the side effects of Allopathy Medicine and started practicing more Ayurvedic line of treatment. Then I started encouraging alternative systems of medicine that is Acupuncture, Magneto Therapy and also system like Homoeopathy and Unani. My main theme is to give good results to the patients (early and safe) by any system of medicine. I used to refer my patients to other systems and alternative therapy.**

**In 1995 I found a very good alternative system through Mr. JAGDISH BHURANI that is "Self Urine Therapy" in Ayurveda it is called as Shivambu. I used to refer many patients to JAGDISH BHURANI for Urine Therapy of many ailments like "Kidney Failure", Breast Cancer, Arthritis, Alopecia, Muscular Dystrophy, and Mentally Challenged (retarded) cases. He has treated almost all the cases very successfully.**

**My suggestion to the public is that they should utilize and adopt this ancient way of treatment, just like our former Prime Minister Sri Morarji Desai was using Urine Therapy. Especially the poorest of the poor should adopt this, because no need of spending money on the treatment, including for the cancer treatment which Mr. JAGDISH BHURANI has successfully handled.**

**He is doing a very good Free Service to the human kind. So let us all popularize this Urine Therapy and join hands with Mr. JAGDISH BHURANI to help Nation and the World to be healthy by 2020. It is preventive and curative method also.**



**(Dr. K. C. Ballal)**

**Member – C.C.I.M. Govt. of India, New Delhi  
Past President: – N.I.M.A. All India, New Delhi**

**Dr. Kumar H. C.**  
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Date 25-05-2010

Master Rakshith, now aged 10 years was suffering from Nephritic Syndrome (a disease of the Kidney where protein is lost in the urine). He was first diagnosed to have the disease at 1 ½ years of age. Since then he was being treated with Steroids. In spite of this treatment he was having frequent relapses and was dependent on Steroids.

He underwent Kidney biopsy and the diagnosis of minimal change Nephritic Syndrome was confirmed. Once the Steroids were stopped he used to get swelling of face, abdomen and legs and he used to be put on Steroids again. Every time steroids were used he used to develop headache, stomach pain and limb pain.

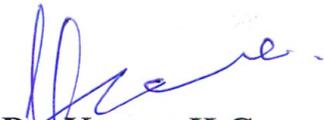
Because of his Dependence on Steroids and frequent relapses he was put on low dose steroids for 2-3 years. In spite of this he was getting repeated attacks of swelling of face, abdomen and limbs. He was then started on levamisole (an immuno modulating drug) for 2 years. In spite of above treatment he had frequent relapses of Nephritic Syndrome. Also he frequently used to get cough, cold and wheezing.

Due to the sufferings he was unable to lead an active and normal life and could not play with other children. He could not attend to School regularly and most of the time his diet was salt restricted and bland.

Cont...

In December 2008 I came into contact with Mr. Jagdish Bhurani who was practicing Urine Therapy and I was impressed by his results with other patients. Hence I referred Mater Rakshit to Mr. Jagdish Bhurani. Under his guidance "Urine Therapy" was started and the child started improving within 10 days. Steroid tablets were gradually reduced and he continued the treatment for 3 months. Now he is not dependent on Steroids. All the blood test and urine tests required for Nephritic Syndrome were repeated and are normal.

He is now relieved from all kinds of pain, swelling and wheezing difficulty. He has become a normal and active child and he can play with other children which he could not do earlier. Now he is regularly going to school and attending his classes and has topped his class in exams.



**Dr. Kumar H.C.**  
**Child Specialist**  
**Mob: -098450 31647**

**“Urine Therapy can Control / Cure  
All Kinds of Chronic Diseases  
The Healing Power is within us.”**

Millions of people are suffering from Chronic Disease. To-day mankind has been surrounded by innumerable incurable diseases and man is feeling utterly helpless and dejected.

According to the survey conducted by the Government people affected with these dreadful Diseases are increasing every year. Scientists and Medical Research Department despite their endeavor and continued Research have not been able to discover permanent cure for several diseases.

Nature has provided us with all Natural Amenities like Air, Water, Sun light etc., which are essential for our Body. It has also provided us with “DIVINE NECTAR” known as “URINE” which flows from our Body. Urine has a Natural Healing Power to Control and Cure all kinds of Diseases. Just like Nature has provided milk in the mother’s breast for nourishment of the infant child, similarly Nature has also provided Urine in human body for preservations of their health and cure of various diseases.

“URINE THERAPY” is the Most Effective Natural Remedy and the safest method of treatment which does not have any side effects. It can Prevent, Control and Cure all kinds of chronic diseases such as Cancer, Diabetes, Blood Pressure HIV/AIDS, Kidney failure, Muscular Dystrophy, Arthritis, Psoriasis, Hair loss, Mental Retardation and Cerebral Palsy etc.

It can boost the Immune System, Improve Nervous Disorder, Dissolves and Removes the Toxins Accumulated in our body. It can Revive dead Tissues, Rebuilds Resistance Power of the Vital Organs like, Brain, Heart, Lungs, Pancreas, Liver and Intestine etc. It rejuvenates our body and safe guards the general Health of the people.

The whole world at large can get rid of dreadful diseases and blessed with the Natural healing Power by “Urine Therapy.” The very feeling that the “Devine Panacea” the solution for all Ailments is within us can fill your life with immense pleasure. Person’s self confidence and positive attitude can solve all their problems and they will be able to maintain healthy & happy life.

Physicians and Doctors keep on saying that Urine is poisonous excreta of the body is far from truth. It has been proved by my practical experience that almost all the Diseases can be prevented, controlled and cured by Urine Therapy provided it is done systematically in the proper method.

**Sun light is Nature's Gift to mankind. We need Sun light to survive and be healthy in body and mind. Sun light positive energies at sunrise helps to balance and promote healing physical, emotional and spiritual. Sun is perceived as co-creator and sustainer of Life on earth. Scientist through out the World cannot invent or make any other manmade alternative Power equivalent to Sun light.**

**Urine is the "Elixir of life" a natural liquid that can cure host of diseases gifted by nature for the purpose of maintaining healthy life. The similar or the equally powerful natural liquid does not exist in the world and cannot be created and achieved through any other source of alternative medicine or through any other scientific method. Urine is the water of life which is the Natural gift given by our creator for spiritual growth and physical well being. Urine has "The healing power which is within you". Only you can heal yourself, nobody can help you unless you can help your self.**

**Urine is a Universal and excellent Remedy for all distempers inwards and outwards of Body. It is Antidote to poisons and destroys poison and all disease generated from VIT, PITT, KAFFA and it improves digestion and body becomes strong. It cures the illness by removing the waste products and toxins from body and also stimulating the defensive mechanism of body. It acts wonderfully on insects and other poisonous bites. It works for all sorts of pregnancy problem, excessive menstruation, and tumor in Uterus. It destroys many diseases of eyes, worms of intestines, scarlet fever and all skin diseases.**

**Urine is gifted by nature for the purpose of maintaining healthy life. It is an entirely drugless system of healing all kinds of diseases and maintaining good health. It purifies blood and gives new span of life. Urine contains the necessary compounds, Vitamins, Hormones and all valuable minerals, salts and chemical compounds which are very essential for growth and maintenance of human body. Volatile salts of Urine power fully absorbs acid and destroys the very root of most disease in human body.**

**The taste and the color of the urine depend upon what we drink and eat. Persons have to overcome Stigma attached to it and understand the proper method, technique, necessary diet and mode of treatment. When we wash our vessels or dirty cloth with pure water, the water becomes dirty which has to be discarded in drain. Similarly if we include oil, salt and chilies in our diet then we will pass yellow color urine and it will contain smell which has to be discarded. But if we avoid and do not include oil, salt and chilies in our diet and take balanced light diet, drink plenty of water and juices then we will pass colorless urine like pure water which contains multiple vitamins.**

It is estimated that there are more than 8,000 diseases in the world. There are various number of Medicine, Alternative and Holistic method of treatment. Some of the medicines provided for treatment have limited effects to cure disease and some medicines have side effects.

**DIABETES:** - There are estimation that there are over 5.8 crore people who are diabetic in India. Diabetes is more common almost everywhere in the world. It is considered to be the root cause of many chronic diseases. Urine Therapy is the safest and easiest method of treatment to prevent, control and cure Diabetes. It can safe guard all other complications arising from diabetes include heart disease, hypertension, and diabetic retinopathy.

HIV/AIDS is a disease where in people gradually acquire deficiency of immune system and the infected disease does not respond to any medicine. HIV infections lead to progressive reduction in number of T cells of CD 4 counts. Due to the deficiency of CD-4 counts of HIV the patient's immune system gradually reduces. The health of the patient deteriorates day by day and they suffer from various problems. Doctors advise them to take some medicine and Anti-Retroviral Therapy "ART" which is given to them just to delay the deterioration of the immune system. However their sufferings aggravate as there is no cure according to the medical science until to-day.

Urine Therapy is more powerful than Anti-Retroviral Therapy "ART". It can control the deterioration of the health of HIV/AIDS patients and improve their energy power. It can control and cure HIV/AIDS and relieve them from all other various problems. It can strengthen their immune system and increase their CD 4 Counts. Some of the people who have CD 4 count as low as 50 can increase their CD count to 800 and above.

**CEREBRAL PALSY, Mental Retardation-Disability** is the loss of deficiency of Motor Control with Involuntary Spasm due to Brain Damage by Birth that causes Paralysis. They are affected with the disease with twisted hands and legs that they are unable to move or balance without assistance and are not able to speak, hear, sit and stand.

Urine Therapy has power to control and Cure all Ailments subject to from very Birth including Cerebral Palsy. Children's affected with Cerebral Palsy by Birth who are unable to move and cannot sit, stand, speak and hear will be able to sit, stand and walk. They will be able to speak, hear, response to sound and recognize persons. It can promote memory, intelligence and develop brain function and improve their Physical Deformity. Their twisted hands and legs can become straight and muscles will develop in their body.

## **URINE THERAPY**

**Urine Therapy is not something new, instead it is a time proven method of entirely drugless system of healing and curing host of Diseases which has been continuing from generation to generation. In every civilization people have known the nectar-like properties of Urine. There are numerous references of Urine as a bestowed of heavenly health and super normal powers in “Yogic and Tantric” books.**

**Urine contains the chemical compounds which are very essential for the growth and maintenance of the health of human body. Indeed it is best natural tonic available in the world. There are some volatile salts in Urine, which are highly beneficial. These salts powerfully absorbs acids and eradicates most of the diseases in human bodies and as result many troubles of the body are cured from their very roots.**

**Urine is the best remedy for every external and internal disease of the body. It destroys poison and worms of the intestines. It gives new life, purifies blood and clears skin problems. It destroys disease of the eyes, makes body strong, improves digestion and destroys cough and colds. Urine repairs and rebuilds all the vital organs including lungs, pancreas, liver, brain, heart etc. Urine is also effective in dental and other oral troubles.**

**Urine is the best natural tonic, by drinking Urine, disease of kidneys, liver and bile, dropsy, stopping of sinuses, jaundice, plague and other poisonous fevers are cured. Outwardly applied it cleanses the skin and cures dandruff and is excellent against trembling, numbness and palsy. By applying Urine on body most complex diseases of skin are totally cured and the skin becomes clear and soft.**

**URINE THERAPY IS THE BEST REMEDY  
FOR ALL “A TO Z” PROBLEMS  
FROM COMMON COLD TO CANCER**

## Ancient Reference

LORD SHIVA has himself narrated the “Benefits of Urine Therapy” to MOTHER PARVATI which has been referred in the ancient book “DAMMAR TANTRA” in Vedas. In Ancient Books and VEDAS Urine is referred as “SHIVAMBU” (Auto Urine) meaning Water of SHIVA.

Urine Therapy is the ancient method of treatment. The Powerful practice for healing “SELF-URINE THERAPY” has been referred in “SHIVAMBU KALPA VIDHI” part of 5000 years old document called DAMAR TANTRA linking this practice to VEDAS the sacred Hindu texts. Reference of Urine Therapy is also found in almost all the volume of AYURVEDA and in one of the volumes BHAVPRAKASHA Urine is termed as “VISHAGHNA” killer of all poisons and “RASAYANA” which can rejuvenate even old person and “RAKTAPAMAHARAM” which purifies blood and cures all skin diseases.

In TANTRIK Yoga culture this practice is termed as “AMROLI.” AMROLI comes from the root word “AMAR.” They termed “SHIVAMBU” as Holy Liquid. According to them Urine is more nutritious than even milk as you are not only physically benefited by the practice, but you become spiritually advanced because it is an Elixir for body, mind and spirit. God has given us this precious Gift (Urine) right from our very birth. The proverb 5: 15 have also been referred in the Holy Bible: - “Drink water out of thane own cistern.”

## Ancient Quotations

*“The cosmic soul knows its need and takes to itself that which belongs to it.”*

*“Auto Urine is Divine Nectar”*

- Lord Shiva –

*(From the Dammar Tanta)*

*Remedy:-*

*“Your medicine is in you, and you do not observe it.”  
Your ailment is from yourself but you do not register it.*

- HAZRAT ALI –

*“Drink water out of thane own cistern.....”*

- Proverbs 5: 15 –

*(Holy Bible)*

Reference of Urine Therapy is found in almost all the volumes of Ayurveda viz. SUSHRUT, HARIT, BHAVAPRAKASH, YOGRATNAKAR, RAJNIGHANTU, VAGBHATT, DHANVANTARI NIGHANTU and BHAISHAJ-RATNAVALI, many more. In SHIVAMBU KALP VIDHI which is part of DAMAR TANTRA in 107 verses (shlokas) the procedure and rules to be followed while doing Urine Therapy and its beneficial effects are mentioned in detail when taken with certain herbs.

Shlokas 41 and 42 of “Vyavahaarsutra” by the learned Jain Acharya Bhadrababu also mention that one must drink one’s own Urine while taking vow or undertaking the regular performance of a religious ritual.

In Tantrik Yoga culture, this practice is termed as Amroli. Amroli comes from the root word Amar which means immortality, undying, imperishable, Amroli was, therefore a technique designed to bring about immortality. Amroli was originally a spiritual practice rather than a method of treatment. They termed it as a holy liquid i.e. “SHIVAMBU”. According to them Urine is more nutritious than Milk.

Even in Western countries efficacy and fabulous medicinal values of Urine were known to the people, which is evident from old records. In a book “ONE THOUSAND NOTABLE THINGS” published in England. Scotland and Ireland simultaneously in the beginning of Nineteenth Century there are many important and useful references of Urine Therapy available.

The Press Report published on 24<sup>th</sup> October 1967 in the Medical Journals of San Fransisco (U.S.A) that the Normal Human Urine has been found to contain marvelous healing property to cure deadly disease such as Cancer, Tuberculosis, Pulmonary and Cardiac Vascular diseases etc. Research Physicians said at the scientific sessions of the American Heart Association that “An extract of human Urine shows great promise for treatment of certain deadly diseases and the extract is called UROKINASE”.

Pharmaceutical companies in Japan and China are extracting valuable substance called “UROKINASE” out of human Urine and are earning valuable foreign exchange by exporting to the other countries. The extract is useful for dissolving blood clots in heart and lung disease.

Reference of UROKINASE is found on page 1354 in the big volume written by four learned American Doctors. The name of the book is “Goodman & Gilman’s the Pharmacological Basis of Therapeutics” which is published by Macmillan Publishing Co. New York.

**It is well known fact that some people Drink Cow's Urine and finds some relief from their pain and sufferings. People drink Cow's Urine in a small quantity directly. They also take Ayurveda and Homeopathy medicine which contains small quantity of Cow's Urine to gain some benefits. Cow's Urine is known as "Sacred Urine" but however they cannot drink Cow's Urine directly in the large quantity.**

**Whereas people who accept and adopt "Urine Therapy" (Auto Urine) can consume their own Urine in large quantity and achieve maximum benefits. They have to observe that they pass and collect white color-less Urine which does not contain any smell and it tastes just like water. They can also consume Cow's Urine along with Auto Urine and gain more benefits.**

**Urine analysis and research shows that our own Urine (Auto Urine) and the Cow's Urine contains similar valuable Proteins: - CREATININE, Urea-N (Nitrogen), Urea, Sodium, Potassium, Calcium, Magnesium, Ammonia-N, Chloride, N/10 Acid and other vitamins and hormones which are vital importance in the maintenance of body and health.**

**When we talk about the word "URINE" many people prefer to ignore this Subject and they do not wish to discuss due to the stigma attached to it. They do not know the valuable tremendous potentiality and Multiple Benefits which can be achieved from it which has "Natural Healing Power."**

**They should develop the positive attitude, realize the natural healing power within us, gain the inspiration to accept and adopt Urine Therapy in cheerful manner. They should overcome the stigma attached to it and also encourage other people to achieve Natural Benefits from "Urine Therapy."**

**Urine Therapy is the Ancient method of Treatment. In the Ancient days many Sages and RISHIMUNIS were following and practicing Urine Therapy. They used to enjoy an active healthy life and lived for a very long period of more than 300 years.**

**Former Prime Minister of India late Sri Morarji Desai was following Urine Therapy and he lived a hale and healthy life till his last days. There are number of prominent great personalities who were practicing Urine Therapy and leading healthy life.**

**Even to day Millions of people are practicing Urine Therapy across the World. But they do not know the proper Method and Technique to achieve the maximum benefits from Urine Therapy.**

## **My Personal Experience**

**In the year 1990 I was admitted in the Hospital for Osteoarthritis and severe weakness in my bones. I got affected with the disease due to the withdrawal and side effects of “Steroids” tablets which I was consuming from a long time for the Eczema in my left foot. In spite of staying for three weeks in the Hospital I could not recover and had difficulty in standing and walking.**

**One of my well wisher advised me to adopt the Urine Therapy and suggested me some books: -**

- 1) Water of Life: - by Armstrong.**
- 2) Miracles of Urine Therapy: - by Dr. C.P. Mithal, M.D.**

**I went through the above books and started Urine Therapy. I used to massage my body with urine twice a day and also used to drink my own urine. I achieved and gained benefits gradually, regained my stamina and recovered fully within a period of 30 days and was totally cured from Eczema.**

**My wife DROPATI BHURANI was suffering from Diabetes and Nervous problem. Due to the severe nervous problem sometimes she would become very weak and could not get up from bed. At that time she used to feel numbness and weakness in her fingers and was unable to hold a pen or a spoon in her hand.**

**After one hour of Body Massage with her Urine she used to feel energy in her body and would get up by herself from the bed and would hold the pen and write on the paper. She used to drink her own Urine every day to keep her hale and healthy. She had adopted this treatment and use to discuss on this subject with others in cheerful manner. She had given me the inspiration to take keen interest on “Urine Therapy.”**

**I along with my wife had attended the First All India Conference of Urine Therapy held in GOA in the year 1993. Thereafter I have been advising and providing my Free Social Service to the persons suffering from Chronic Diseases from the year 1993.**

**I had first prepared my Article on the “Benefits of Urine Therapy” in July 2006 containing 2 pages and distributed copies to the persons who were suffering from Chronic Disease. I used to explain them the proper Method, Technique, Mode of Treatment and the necessary Diet. Whoever have gone through my Article and adopted the proper Method of treatment have achieved and gained great benefits from Urine Therapy.**

**Sri ANGALA PARAMESHWARI MATHA, Chennai has bestowed her Blessings on me and GOD has enlightened me with his Divine Power to Gain proper Knowledge on the Benefits from Urine Therapy.**

**With Practical experience and keen interest I have studied, Investigated and Researched the proper Method and Technique to achieve the Maximum Benefits from Urine Therapy which can be followed by every-one including young children. Persons who adopt and practice Urine Therapy willingly and in cheerful manner can gain this Divine knowledge and they can become their own Doctor with practical experience.**

**I have presented “Case history of some Patients.” suffering from various diseases where in the Doctors had given away their hopes to stop the deterioration of their health and could not cure their disease. All the patients who have been referred there in have achieved great benefits and relieved from their pain and sufferings.**

**Urine is the “SERUM” By-Product of Blood Filtration or watery part of the Blood and not waste filtration. Urine Therapy is the Most Effective Natural Remedy which does not have any side effects. It has the invaluable source of nourishment and healing power. Consuming own Urine regularly is the “Secret of Longevity and exuberant health” the most valuable and beneficial for health, which is capable of curing host of diseases.**

**Our Urine (Auto Urine) contains multiple Natural Proteins. The clean and the white color Urine (like water) do not contain any smell and can be obtained from our body by maintaining a proper and healthy diet. The color and taste of the Urine depends upon the persons what they eat & drink.**

**People are not aware of the method to collect white color Urine (color less like water) which does not contain any smell which can be consumed very easily by every-one including young children. They also do not know the proper diet and juices which can be taken along with Urine Therapy so that they can continue the treatment for longer period and achieve proper benefits without any problem.**

**Persons affected with Chronic Disease who adopts “Urine Therapy” can undergo medical test regularly. They can be under the supervision of Doctor who can observe the gradual progress of their health.**

## **Doctors and Scientists Moral Support**

**Though I am not a qualified Doctor and I do not hold any Medical Certificate, with practical experience, I have treated and cured patients suffering from Chronic Diseases which are not curable according to the Medical science, like Cancer, HIV/AIDS, Diabetes, Gall Bladder stones, Cerebral Palsy, Mental Retardation-Disability, Motor Neuron Disease, Muscular Dystrophy, Nephritic Syndrome, Chronic Kidney Failure, Paralysis, Hair Loss “Diffuse Disc Dehydration”, Acute Lumbar Spondylosis “ALS” etc.**

**I have the Medical diagnosed test reports of all “Patients who have gained and achieved benefits from Urine Therapy”. Some of the patients have given their written statements and some have given their recorded statements before and after the treatment. Urine Therapy is the Excellent Healing Modality which is more effective and powerful Natural treatment.**

**Doctors, Scientists and the Research Department should not have any barrier for the Natural method of Treatment as long as the patients are cured. They can conduct the proper survey by observing the improvement of the Mental and Physical Health of the patients who have achieved remarkable benefits without surgery. They can also examine their various diagnose and Medical test reports. Doctors and Scientists should provide their Moral support to Recommend and Encourage the People to adopt this Treatment.**

**Doctors and scientists should believe the facts that “URINE has Natural Divine Healing Power” and there is only one Natural remedy which can cure various kinds of Diseases. They can do research and can have scientific evidence that whatever I have claimed is the truth.**

**W.H.O. should Recognize “URINE THERAPY” as a Natural Remedy. It is safe and the most effective method of treatment. They are well aware that some of the Pharmaceutical companies have grossed billions of rupees from sale of life saving Drugs and Injections made from human Urine.**

**The Government Organization, Scientist, Doctors, Media and Private Organization should Create Awareness on “URINE THERAPY” and Educate people on the proper Method, Technique, Mode of Treatment and necessary diet to Achieve the Benefits from Urine Therapy. The Awareness should reach all the remote corners of the World.**

**Awareness of Urine Therapy is Free Service to Humanity.**

**It will help Millions of People across the World.**

**The Healing Power is within us.**

## **Cancer can be Controlled and Cured Without Surgery and Chemotherapy**

**It is estimated over 700,000 (7 lakh) cases of Cancer patients and over 40,000 cases of Cancer in children are being reported in India every year. Unfortunately absolute number of Cancer patients keeps on growing every passing year. It has become one of the leading causes of death. Millions of people are suffering from most threatening disease throughout the World.**

**Once diagnosed, the patient apart from mental agony of serious health they have to face nightmarish situation as the treatment is complex and costly affair. To start with diagnosing Cancer, necessary investigations and the treatment run into lakhs of rupees. Cancer is a silent disease and many people are not aware of that to protect themselves and it leads to the resulting in deterioration of quality of health and uncertainty for the span of life.**

**Cancer is conventionally treated with Surgery, Radiation therapy and Chemotherapy. However statistics indicate that these treatments are limited in their effectiveness to treat Cancer and are riddled with side effects. White blood cells and red blood cells are reduced in the body and various complications arise due to the side effects of Chemotherapy.**

**Urine Therapy is more effective and has greater benefits than Radiation and Chemotherapy. It can destroy the growth of Cancer Cells and prevent them from spreading to the other parts of the body. It can kill poisonous substance in the cancerous cell without producing any side effect. It is also effective natural alternative for blood transfusion.**

**People who have already undergone Surgery and Chemotherapy can adopt Urine Therapy. However if they want to continue Chemotherapy as advised by the Doctors they can start Urine Therapy after 36 hours. It can decrease the side effects of Chemotherapy and help to build healthier blood cell. It will improve their immune system and increase their resistance power. Doctors should recommend and encourage people suffering from Cancer to adopt “Urine Therapy” which can decrease the side effects of Chemotherapy and also help them to recover fast. It can increase the survival period of the patients and relieve them from all kinds of sufferings.**

**I have presented detailed case history of the patient suffering from Stomach Cancer and Ovarian Cancer along with their diagnosis reports i.e. C T Scanning, Endoscopy, Biopsy reports and Doctor’s opinion to undergo for Surgery and Chemotherapy. They have issued their endorsement that they have been relieved from their pain and sufferings and they are hale and healthy without undergoing Surgery and Chemotherapy.**



**Vinoda Shetty**

**DATE : 23-10-2011**

**From,  
VIJAYALAKSHMI SHETTY,  
BANGALORE.**

**TO WHOM SO EVER IT MAY CONCERN**

**My mother Smt. Vinoda Shetty (F) age 55 year was suffering from stomach pain, Acidity and Gastric problem and had consulted many Doctors from past three years. Though she was consuming many tablets regularly she was not relieved from her pains and other problems. In the month of August 2010 she underwent a complete medical check up, Endoscopy, and Biopsy test at Kanva Diagnostic Services Pvt Ltd, Bangalore and she was diagnosed with Stomach Cancer "Carcinoma Stomach".**

**To ascertain she once again underwent C T Scanning of Chest, Abdomen and Pelvis Test at Father Muller Medical College, Mangalore. After diagnosing the report the doctors recommended her to undergo three cycles chemotherapy and then surgery. As per the doctors advised she underwent three cycles of Chemotherapy in Sept, Oct and Nov 2010. After Chemotherapy she was again admitted in the Hospital for 3 times for Neutropenia (side effects of Chemotherapy) for vomiting, tiredness, fever, low blood sugar, low WBC counts and swelling in her face and other parts of the body.**

**After completing three cycles of Chemotherapy she once again underwent Endoscopy, Histopathology, Biopsy and C T Scanning test in November 2010 to check whether Chemotherapy has benefited her or not. The result did not show any improvement. Doctors from Father Muller Hospital advised that the only option was to undergo Surgery to remove the entire Stomach followed by Chemotherapy again. Doctors also advised that the chances of recovery of her health will be 50%.**

I came in contact with Mr Jagdish Bhurani when I was in Mangalore and revealed the case history of my mother and forwarded all her diagnosed reports to him. He explained me about the Benefits of Urine therapy and also assured me that my mother will be relieved from all sufferings and can lead a normal life without undergoing any surgery or chemotherapy. Somehow I convinced my mother to practice urine therapy and explained her the benefits.

My mother started Urine Therapy from 16-12-2010 and in the short period of 30 days she gradually improved and she was relieved from all her severe problem such as Stomach pain, Acidity, gastric problem, swelling in her face and other parts of the body. She became energetic and she was able to do her normal activities and continued the treatment in the cheerful manner. The hair started growing on her head as she had lost the hair during her 1<sup>st</sup> cycle of Chemotherapy.

During this period neither me nor my mother had personally met Mr Jagdish Bhurani. We were in touch with him over the phone and practiced urine therapy as per his advice. She is completely on diet and consuming only those foods recommended by him. She is massaging with Urine 2 times a day and keeping the wet pact of urine in the day time. She is drinking minimum 3 ltrs of urine everyday.

After completing 5 months of urine therapy she once again underwent CT Scanning and blood test in August 2011 at Father Muller Medical College Hospital, Mangalore and consulted Dr. Dinesh Shet, Medical Oncologist. After going trough the reports and examining her Dr. Dinesh Shet told her that she is stable and the disease has not spread to any other parts of the body. He advised her to continue Urine Therapy.

After 8 months we came back to Bangalore and underwent Endoscopy test and all other necessary blood test at Kanva Diagnostic Services Pvt Ltd, Bangalore on 10-08-2011. Though the Endoscopy test reports compared to the earlier reports did not show much variation but the results of all the blood test, Haematology, Biochemistry and other reports were all within the normal range.

On 11-10-2011 I took an appointment and consulted with Dr.B.S. Ajaikumar, chairman,CEO and Oncologist of HCG Cancer Hospital, Bangalore. After going through all her previous and present reports and examining her personally Dr.B.S. Ajaikumar advised her that she is stable and she can continue Urine Therapy.

She is surviving without undergoing major Surgery for removal of Stomach and Chemotherapy as advised by Doctor earlier. Had she undergone surgery she would have been completely bed ridden and the physical pain and mental agony what she would have suffered is unexplainable. Now that she is practising urine therapy for past 10 months she is relevead from all her pains and sufferings and her health condition is also stable. After adopting urine therapy she has not visited any doctor or Hospital for any of her health problem.

After personally knowing about the benefits of urine therapy I recommend people who are suffering from cancer or any other disease for that matter to adopt this therapy willfully so that even they can overcome sufferings and gain the benefit of urine therapy without spending much. I also request Media and Social organisations to come forward in creating awareness of urine therapy to Help the man kind.



**VIJAYALAKSHMI SHETTY**  
E-mail [ID-vijilshetty@yahoo.com](mailto:ID-vijilshetty@yahoo.com)  
Mobile no : 9241148356

# SMT VINODA SHETTY Endoscopy: - CARCINOMA STOMACH



KANVA DIAGNOSTIC SERVICES PVT LTD.  
NO. 2/10, Dr. Rajkumar Road, 4th N Block, Rajaji Nagar, Bangalore - 560010

Patient Name	MRS VINODHA	Age	48 years
Patient I D	K635243	Sex	F
Ref.By Doc	Dr. JANARDHAN R	Visit Date	24-Aug-10

## UPPER GI ENDOSCOPY REPORT:

**INDICATION :** Pain abdomen and hemetemesis

### FINDINGS :

**ESOPHAGUS:** Normal. No erosions or hiatus hernia.

### STOMACH:

Ulcerative type of growth seen involving the mid body circumferentially with narrowing. Lesion extends proximally along the lesser curve upto the GE junction. Multiple biopsies taken.

### DUODENUM:

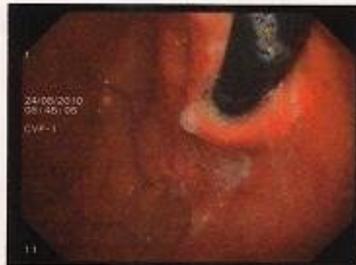
**CAP :** Normal. No ulcer.

**DII :** Normal.

**IMPRESSION :** CARCINOMA STOMACH

### IMAGES:

1. DUODENAL CAP
2. GROWTH
3. FUNDUS
4. ESOPHAGUS



DR. ANAND DOTIHAL,  
MD (PGI, CHANDIGARH), DM (DELHI),  
CONSULTANT GASTROENTEROLOGIST

# HISTOPATHOLOGY REPORT



**KANVA DIAGNOSTIC SERVICES PVT LTD**  
 No. 2/10, Dr. Rajkumar Road, 4<sup>th</sup> N Block,  
 Rajajinagar, Bangalore- 560010  
 Phone: 080 - 2313 3838 / 39 /40/41/42/43, 2313 4846, 23134847  
 Fax: 080 - 2313 3844 E-mail: dr.venkatappa@kanvadiagnostic.com.  
 Website. www.kanvadiagnostic . com.

Patient Name	Mrs. Vinodha	Age	48 Yrs
Patient I.D.	K635278	Sex	Female
Ref By Doc	Dr. Janardhan R	Date	26/08/2010

## HISTOPATHOLOGY REPORT

HPE NO : 843 /2010

SPECIMEN : BIOPSY FROM STOMACH

### GROSS EXAMINATION:

Specimen consists of multiple tiny grey white soft tissue bits altogether measuring < 0.5 cms.

### MICROSCOPIC EXAMINATION:

Section studied is showing mucosa of the stomach with infiltrating tumour .the tumour is composed of cells arranged in diffuse sheets. The cells are round to columnar having hyperchromatic to vesicular nuclei with nucleoli and moderate amount of cytoplasm. the cells show moderate degree of nuclear pleomorphism with occasional atypical mitosis. There is moderate mixed inflammatory cellular infiltration. Rest of the mucosa and lamina propria is unremarkable.

**IMPRESSION: HISTOPATHOLOGICAL FEATURES ARE SUGGESTIVE OF POORLY DIFFERENTIATED ADENOCARCINOMA - STOMACH.**

ENCL: ONE SLIDE & BLOCKS  
 PRESERVE THEM CAREFULLY

Dr. Swarna Shivakumar  
 MBBS, MD  
 Pathologist



**C.E.C.T. Chest, Abdomen & Pelvis**

	<b>FATHER MULLER MEDICAL COLLEGE HOSPITAL</b> (A Unit of Father Muller Charitable Institutions) Father Muller Road, Kankanady, Mangalore - 2, India Phone: 0824-2436301, 2238175 Web : www.fathermuller.com	MR - 33
	<b>DEPT. OF RADIO-DIAGNOSIS &amp; IMAGING</b>	

NAME : MRS.VINODA SHETTY

AGE: 55 YRS

REF.BY:DR.ROHANGATTY

DATE:16-9-2010

WARD : OP

IP NO :

**C.E.C.T. CHEST, ABDOMEN & PELVIS**

**STOMACH, BOWEL & MESENTRY:** Wall thickening seen involving the gastro oesophageal junction and extending along the lesser curvature into the mid body of stomach.

**LIVER:** The liver is normal in size and shows homogenous parenchymal tissue density. There is no evidence of intrahepatic biliary dilatation. No evidence of focal lesion.

**GALL BLADDER:** Normal. No calculi.

**PANCREAS:** The pancreas has a normal size and configuration. The tissue attenuation pattern is normal and there is no evidence of any diffuse or focal pathology. The pancreatic duct is not dilated and there are no pancreatic calculi.

**ADRENALS:** Both adrenals are normal in size and enhancement.

**SPLEEN :** Normal in size and show no focal lesion.

**KIDNEYS:** Both kidneys are normal in size. There is no evidence of calyceal dilatation or calculi.

**LYMPHADENOPATHY:** Few small and periportal lymphnodes seen. Few pre tracheal and prevascular lymphnodes seen.

**FREE FLUID:-** Nil

## C.E.C.T. Chest, Abdomen &amp; Pelvis- page-2



**FATHER MULLER MEDICAL COLLEGE HOSPITAL**  
 (A Unit of Father Muller Charitable Institutions)  
 Father Muller Road, Kankanady, Mangalore - 2, India  
 Phone: 0824-2436301, 2238175 Web : www.fathermuller.com

MR - 33

DEPT. OF RADIO-DIAGNOSIS & IMAGING

**BLADDER:** Bladder have a normal anatomical configuration. There is no evidence of any intraluminal pathology or thickening of its walls.

**UTERUS AND OVARIES:** No obvious pathology.

**INGUINAL ORIFICES:** Normal

**ABDOMINAL WALL:** Normal

**VISUALISED BONES :** Normal

Chest:

**LUNGS:** Both the lungs show a normal bronchial and vascular branching pattern. There is no evidence of any parenchymal lesion.

**PLEURA:** No evidence of pleural thickening/calcification.

**CARDIA & GREAT VESSELS:** The heart and mediastinal vascular structures have a normal anatomical configuration. The thoracic aorta and its branches are normal and show no evidence of calcification.

**THYROID:** Is diffusely enlarged in size.

**VISUALISED BONES:** The visualized bones of the chest wall and the dorsal spine appears normal.

IMPRESSION:

**KNOWN CASE OF CA STOMACH; PRESENT CT SHOWS:**

- WALL THICKENING INVOLVING THE GASTRO OESOPHAGEAL JUNCTION AND EXTENDING ALONG THE LESSER CURVATURE INTO THE MID BODY OF STOMACH.
- ENLARGED THYROID.

*DR. SATHYAN JOY ANDREWS*  
 M.D., D.N.B., F.R.C.R.

## Requires 6 cycles of Chemotherapy and cost Rupees One Lakh

### FATHER MULLER CHARITABLE INSTITUTIONS

Father Muller Road, Kankanady, Mangalore - 575 002, India.

UNITS: Father Muller Multi-speciality Hospital, Homoeopathic Hospital, Homoeopathic Pharmaceutical Division, St Joseph's Leprosy Hospital, Rehabilitation Unit, Father Muller Medical College, Father Muller Homoeopathic Medical College, Father Muller College of Nursing, Father Muller School of Nursing and Father Muller Institute of Para-medical Courses.

Tel : (0824) 2238000  
(0824) 2436301-3



ESTD 1880

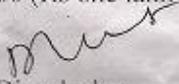
Fax : (0824) 2436561, 2437402  
E-mail : muller@bsnl.in  
Website : www.fathermuller.com

Ref. No. : .....

Date : .....12/10/2010

#### TO WHOM SO EVER IT MAY CONCERN

This is to certify that Mrs. Vinoda Shetty, aged 55 years, W/o Sanjeeva Shetty, resident of Sandolika Hadi house, Inna post, Karkala, is suffering from carcinoma stomach. She requires 6 cycles of chemotherapy Docetaxel + cisplatin. Total cost of chemotherapy will be approximately Rs.1,00,000 (Rs one lakh only).

  
Dr. Dinesh shet  
Medical Oncologist  
Father Muller Oncology Centre

Medical Oncologist  
Father Muller Medical College Hospital  
Kankanady, Mangalore-2

## Requires Surgery and the cost Rupees two lakhs

### FATHER MULLER CHARITABLE INSTITUTIONS

Father Muller Road, Kankanady, Mangalore - 575 002, India.

UNITS: Father Muller Multi-specialty Hospital, Homoeopathic Hospital, Homoeopathic Pharmaceutical Division, St Joseph's Leprosy Hospital, Rehabilitation Unit, Father Muller Medical College, Father Muller Homoeopathic Medical College, Father Muller College of Nursing, Father Muller School of Nursing and Father Muller Institute of Para-medical Courses.

Tel : (0824) 2238000  
(0824) 2436301-3



Fax : (0824) 2436661, 2437402  
E-mail : muller@bent.in  
Website : www.fathermuller.com

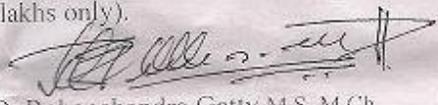
Ref. No. : .....

ESTD 1890

Date : .....19/10/2010

### TO WHOM SO EVER IT MAY CONCERN

This is to certify that Mrs. Vinodha Shetty, aged 55 years, W/o Sanjeeva Shetty, resident of Sandolika Hadi house, Inna post, Karkala, is suffering from carcinoma stomach. She requires surgery after chemotherapy. The cost of surgery will be approximately Rs.2,00,000 (Rupees two lakhs only).

  
Dr. Rohanchandra Gatty, M.S., M.Ch  
Surgical Oncologist  
Fr. Muller Oncology Centre  
Mangalore  
Surgical Oncologist  
Father Muller Medical College Hospital  
Kankanady, Mangalore-2

## **Papillary Adenocarcinoma (Ovarian Cancer)**

**Smt. Mamta (F) age 28 years was admitted in the Hospital and she underwent following Surgery: -**

**Staging Laprotomy (Ovarian tumor)**

**Total Hysterectomy (Removal of Uterus)**

**Bilateral Salphingo Opherectomy (Removal of both Ovaries)**

**And Infra Colic Omenectomy & Appendectomy (Removal of Appendix)**

**After investigation and various tests her Diagnosed report came as: - “Papillary Adenocarcinoma” Ovarian Cancer in Nov 2009. She was further advised by Doctors to undergo for 6 cycles of “Chemotherapy” for every 15 days in the period of 3 months. After Surgery she had pain in the Stomach, weakness in the body and had difficulty in walking. She was also bleeding while passing urine which was not coming under control.**

**She started Urine Therapy in November 2009 and stopped all medical tablets. Within the short period of 10 days her bleeding stopped completely she was also relieved from stomach pain, weakness, Bleeding and other various problems and was able to walk properly.**

**She continued the treatment for 3 months in the proper method and during this period she was relieved from all her sufferings and she gained stamina in her body. Though Doctor had advised her to undergo Chemotherapy in Nov 2009 she is surviving without taking Chemotherapy or any other treatment. She is keeping hale and healthy and doing her routine activities without and problem. Her hair has also become stronger and has grown 9” longer than earlier.**

**After adopting Urine Therapy she is keeping hale and healthy and she has not visited any Doctor or any Hospital till to-day.**

Bangalore  
08-11-2010

My name is Mamtha I am 29 years old. I was admitted in St. Philomena's Hospital stating that I have a cystic mass in my abdomen which was 12 cm. I had to undergo the major operation on 21<sup>st</sup> October 2009. In that operation I had to remove the Uterus, remove both Ovaries and even remove the appendix. After the operation the diagnosed report came as Ovarian Cancer and the Doctor advised me to undergo for 6 rounds of "Chemotherapy".

I was totally lost <sup>I</sup> a thought that my life is finished. Then my mother told me about Sri Jagdish Bhurani. I and my husband went to meet him personally. He told us about the benefits of Urine Therapy and the proper method of diet, the way of messaging and keeping urine wet pack. Before and after my surgery I had a pain in my Stomach and I was very weak and was not able to walk independently. I also had bleeding while passing Urine.

Once I started Urine Therapy I stopped taking all my medicine and may be within a week all my pain vanished and the bleeding stopped completely. I was feeling strong and I was insisted to continue this treatment for 3 months. I did so and now I am hale and healthy. I did not undergo for Chemotherapy. Now even my Hairs have grown longer say about 9" to 10". Thanks to God to show such a person to me and I thanks to my mom also.

I wish if I had come into contact with Sri Jagdish Bhurani earlier, then I would have not gone for Surgery and also saved the huge amount what my family had to spend in the Hospital. I would suggest other people who are suffering from Cancer that instead of undergoing Surgery they can do this Urine Therapy which does not cost anything and it can be done at home very easily.

Mamtha  
12/11/2010  
(Mamtha)



**ST. PHILOMENA'S HOSPITAL**

No. 4, Campbell Road  
Viveknagar P.O., Bangalore - 560 047.  
Ph : 4016 4300  
Fax : 2557 5704  
E-mail : stphilomenashospital@vsnl.net

To whom ever so it may Concerned

This is certify that  
Mrs Manthi T.S. 28 yrs  
underwent surgery (Stage  
laparotomy) for Ovarian tumor  
on 21.10.09. Total abdominal  
hysterectomy & Bilateral salphingo  
oophorectomy & infra colic  
omeneclomy & appendectomy  
were performed. Histopathology  
report came as papillary  
serous cystadenocarcinoma.

**Doctor's Report:- Underwent Surgery and needs Chemotherapy**

She needs chemotherapy  
after surgery. This is for  
your record information.

7/11/09  
St. Philomena's  
Hospital.

Dr. Shylaja  
For Dr. Shylaja  
ST. PHILOMENA'S HOSPITAL  
NO. 4, Campbell Road,  
Viveknagar P. O.  
BANGALORE - 560 047.

## **Case History of Patients who have gained and Achieved Benefits from Urine Therapy**

**Dr. K.C.BALLAL, “Dr. BALLAL’S AYUR care Clinic” has been recommending and referring his patients suffering from chronic disease from the year 1995 to me and all of them have gained and achieved benefits from this treatment. (Dr. K. C. BALLAL Mob: - 09900567924)**

**3. GALL BLADDER STONES: - SRI RAMAKRISHNA REDDY (M) 55 years was suffering from intense severe pain in the stomach. Due to intense pain he could not stand, sit and sleep properly. He was admitted in various hospitals in Bangalore and Hyderabad. After Scanning and complete checkup, Doctors diagnosed him for having Multiple Stones in the Gall Bladder and they advised him for Surgery and removal of the “Gall Bladder”.**

**On my advice Sri Ramakrishna Reddy started “Urine Therapy” in September 2006. He realized that his severe pain was gradually reducing day by day and within 7 days the pain completely stopped. He continued the treatment for 60 days, and thereafter went to Hyderabad and got readmitted in the Hospital for Scanning and complete checkup. Doctors who diagnosed and examined him were surprised to find that there were no traces of stones in Gall Bladder and eventually they advised him that Surgery is not required.**

**4. MOTOR NEURON DISEASE: - SRI SRICHAND (M) age 58 years was diagnosed for Motor Neuron Disease (M.N.D.) in March 2005. He was consuming 12 tablets per day as advised by his Doctor and in spite of that his health was deteriorating day by day. During the period of 1½ years his immunity system, Nerves and muscles below the shoulder level gradually became weak. All the joints of hands and legs had become stiff and inactive and he was unable to move or lift his finger, hands and legs. Due to the deterioration and weakness he had lost muscles in his body.**

**On my advice late Sri SRICHAND started Urine Therapy in November 2006 and stopped consuming all tablets. In the short period of 10 days he started feeling energy in his body. The deterioration of his health stopped and his immunity system gradually started improving. All his stiff joints of hands and legs become loose and mobile. The nerves system improved and muscles developed in his entire body. He gradually developed movements in his shoulder, hands, knee joints and other portion of the body to some extent.**

**People who are diagnosed with Motor Neuron of any other disease wherein the body starts deteriorating should start Urine Therapy immediately to control and stop the further deterioration of the body without any delay.**

**5. PARALYSIS:** - SRI KUPPASWAMY (M) Age 75 had a Paralyzed stroke and was admitted in the hospital and after several test and diagnoses he was discharged after 30 days. Due to the paralyzed stroke his right portion of the body including his hand and leg become stiff and inactive, and he could not move his right hand and leg. While moving few steps he required the support of 2 persons and in spite of that he could only drag his right leg as he could not lift his leg. At the same time he had lost his speech and could not speak a single word. As he was unable to speak, he only used to produce some sound from the mouth which no body could understand.

Late Sri KUPPASWAMY started Urine Therapy and in the period of 75 days the joints of his hands and legs which were very stiff and hard became loose and mobile. He was able to lift his right leg to some extent and walk few steps with the light support of one person. While lying on his back portion he could lift his right leg up and down. The muscles of his entire body became relaxed and he was feeling light, energetic and comfortable.

He was able to speak few words and his voice became soft which was very rough earlier. The hairs started growing on the centre portion of his head which was totally bald earlier. He had become fair in complexion and was looking younger than earlier.

**6. HAIR LOSS:** - SMT. ASHA RANI (F) age 40 years contacted me on mobile and said that her hairs were falling every day and she has taken various medicines as advised by Doctors but nothing was helping her. She enquired whether she could get benefit from “Urine Therapy.” On my advice she started drinking Urine once in the morning and kept Urine Wet Pack on her head at night and removed it in the morning. To her surprise within a period of 30 days her hairs stopped falling and started growing longer.

**7. Sri VINOD (M)** age 15 years was suffering from severe knee pain, swelling on the knee joint in the right leg and had difficulty in walking. He had undergone Biopsy test and the other entire test but doctors could not diagnose anything. He continued Urine Therapy for 45 days and he was totally relieved from his knee pain, swelling and was able to walk properly.

**8. ASTHMA:** - SRI PRASAD (M) age 52 was suffering from ASTHMA from 35 years (Asthma affected him at the age of 17th years.) He used to have regular cold and running nose. Almost every day he had difficulty in breathing problem. He started drinking only 200 ml of Urine every day in the morning. In the period of four months his severe ASTHMA problem was reduced by 70% and he was relieved from Cold and Breathing problem.

**9. KNEE PROBLEM:-SMT. JAYALAKSHMI (F) age 58 years was operated for Heart Surgery and thereafter she had difficulty in walking and she was not able to climb the stair case. On my advice she started only massaging her body daily with her own Urine and was taking only light diet. In the period of 2 months she started walking in the proper manner and she could climb stair case without any kind of problem and any difficulty.**

**10. ULCER: - SMT. VEENA (F) age 30 years had developed “Ulcer” in the right leg i.e. the wound on the sole of her foot from three years. The Sensation had reduced in the right foot. She was admitted in NIMHANS and other Hospital for 3 times. She was diagnosed with defect at L5-S1 level with tethered cord. In spite of her admission in the hospital and consulting doctors for three years she could not find any relief and had difficulty in walking.**

**On my advice SMT. VEENA started Urine Therapy in November 2006. Apart from drinking Urine, massaging she kept Urine wet pack on her right leg. The wound started healing in gradual manner and in period of 60 days (2 Months) her wound i.e. her “Ulcer” was completely Cured and she has regained the sensation in her right foot. She has been relived from pain and all other problems. She is able to walk properly and leading healthy life.**

**11. HIV/AIDS: - SRI RAVI KUMAR (M) Age 34 years was diagnosed with HIV/AIDS in the year 2004. There were number of black patches on his skin and some portions were appearing like burnt skin. All the hairs in his body had disappeared and he had severe Dandruff on his head. He was suffering from various problems, feeling weak, numbness and was not having any energy in his body. He was unable to do his daily activities and could not attend his office regularly. His health was deteriorating day by day. His CD4 counts had reduced to 250 cells.**

**On my advice SRI RAVIKUMAR started Urine Therapy in March 2009. Within a period off 10 days the deterioration of his health stopped completely and his physical health started improving. After adopting Urine Therapy he has not taken any tablets. The black patches on the skin and some portions of his skin which were appearing like burnt skin has disappeared. New skin has developed and the entire complexion of his body has become very clear and soft. The hairs have re-grown on his new skin. The Dandruff on his head has been cured and he does not have any problem. His CD-4 counts had increase from 250 cells to 663 cells in February 2010. Thereafter he has not undergone any test. His immune system has improved and he is feeling energetic, healthy attending his normal activities regularly without any problem.**

**12. MUSCULAR DYSTROPHY: - SRI ABHISHEK (M) 11 year boy was diagnosed for Muscular Dystrophy and Disability. He was consuming “Steroids” 30 mg tablets every alternative day as advised by his Doctor from 5 years and in spite of that his muscles were gradually becoming weak day by day. He had difficulty in walking, could not climb the stair case and used to fall down sometimes due to the weakness of his muscles. He required support of two persons to get up from the chair and stand up.**

**SRI ABHISHEK started Urine Therapy and within the short period of 30 days he started feeling energetic and gained the stamina in his body. The “Steroids” tablets were gradually reduced every week and he was consuming 15 mg every alternative day. His weak muscles starting improving and he was feeling strength in his body. He was able to get up from the chair on his own ability without anybody’s support. He was able to walk better than earlier and he had not fallen down even a single time while walking. He continued Urine Therapy for about 45 days. After 45 days he stopped the treatment as he was keen on going to school and attending his classes.**

**13. NEPHROTIC SYNDROME: - Master RAKSHITH (M) 9 year old boy was diagnosed with “Steroids Dependent Nephrotic Syndrome” (kidney problem) at the age of 1½ years and he was losing proteins in the Urine. As advised by Doctors he was consuming Steroids tablets 30 mg to 5 mg daily. In spite of that he used to suffer from Headache, Stomach pain and Body pain very often. He had swelling in his face, stomach, legs and other portions of the body. He was also having severe cough and wheezing problem and was unable to lead active life and could not play like other children.**

**Master RAKSHITH started Urine Therapy in December 2008. After he started the treatment Steroid tablets were gradually reduced to nil. Within a period of 10 days the severe cough and the wheezing problem stopped completely and he started improving day by day. He has been relieved from all kinds of pain and does not have swelling in any portion of his body. He has become hale and healthy and is going to his school, attending his classes regularly and playing with other children which he could not do it earlier. He continued the treatment for 3 months. After 3 months he has been continuing drinking 1 Liter of his own Urine after coming back from the school. He has become intelligent, very active, feeling energetic, leading healthy life and does not have any problem. “Steroid” Tablets have been completely stopped.**

**“Nephrotic Syndrome” affected by Birth can be Controlled/ Cured  
Persons will not be “dependent on Steroid”**

**14. CEREBRAL PALSY, MICRO CEPHALY, Mental Retardation: -**  
**BABY AMRUTHA (F) 9 year girl, was diagnosed with Cerebral Palsy, Mental Retardation, Micro Cephaly, Generalized Seizure disorder by birth.**

**She was in a vegetative state for 9 years and she was suffering from various problems. She had developed progressive side ward bending of spine. Her both hands and both legs were twisted and all her joints were very stiff. She was totally disabled as she was unable to sit, stand or walk. She was not able to move her hands and legs. She was not able to hold her neck and could not turn her head. She was not able to speak a word and she was not able to communicate anything. She was born with the squint eyes and was unable to turn or move her eye balls. Her eye balls use to fall down which were not visible clearly and one could see only white screen in her eyes. She could neither see nor hear anything and could not express herself in any manner. She was surviving by taking smashed food in form of liquid as she was unable to move her jaws and could not eat anything. She used to get multiple strong seizure attacks very often for more than 20 times in a day.**

**BABY AMRUTHA started Urine Therapy in January 2009 and she gradually started improving day by day in her mental and physical health. Her spinal cord which was bending completely towards the side has improved and the curve has become smaller. She was taking “KAPRA” tablets 2000 mg for seizure her problem earlier which has been gradually reduced to 1000 mg per day. Her multiple Seizures attacks have come under control and she is getting only one or two attacks of seizures in a day.**

**Her eyes have become normal she can move her eye balls and turn her eyes. Her squint eyes have been rectified and her eye balls are clearly visible. She is able to hear and responding to sound and turning her head. She is able to recognize her parents and starts smiling at them. All her stiff joints of hands and legs have become loose, mobile and active. Her twisted hands and legs have become straight. She is able to hold her head, turn her neck and she is able to hold her parent’s fingers. Muscles have developed in her hands, legs, face and other parts of the body. She has gained strength in hands and legs and her weight has increased. She is able to sit on the chair and stand with light support for some times. She is able to open her mouth move her jaws and able to chew and eat food which she could not do it earlier. She has become intelligent and indicates her parents by making sound or crying loudly whenever she needs something or wants to pass urine. She makes sounds with her mouth and tries to speak.**

**Doctors were unable to of revive her to the normal condition and could not control her multiple seizures attacks with the medical aids.**



### **BEFORE THE TREATMENT**

**BABY AMRUTHA has revived and recovered from her vegetative state and she is living with a remarkable improvement in her Mental and Physical health. Now her parents can see active life in a child.**



### **AFTER THE TREATMENT**

**15. MODERATE MENTAL RETARDATION with Cerebral PALSY: -**  
**Master JAGAN (M) 10 year boy was admitted in NIMHANS Hospital in the year 2005 was diagnosed for Moderate Mental Retardation with Cerebral Palsy by birth. He was unable to sit, stand, walk, could not move his hands, legs and all his joints had become very stiff. He was not able to speak, and could not hold his neck or turn his head. He was unable to turn his eye balls and could not recognize anybody.**



#### **AFTER 45 DAYS OF TREATMENT**

**Master JAGAN started Urine Therapy in September 2008 and in a period of 45 days there was a remarkable improvement in his health. He started speaking few words for the first time after a period of 10 years after his birth.**

**All his stiff joints of hands and legs became loose, mobile and active. He was able to hold his neck, responding to sound and could turn his head. He was able to turn his eye balls and able to recognize his parents. He was able to hold glass in his hand and drink water by himself.**

**He continued the treatment for four months. Now he has become very active, very intelligent and he is able to speak properly. He takes the remote control and watches T.V. by himself and leads a happy life.**

**Urine Therapy can control and cure all ailments subject to from very birth. It can Improve Memory, Intelligence and Develop Brain Function. It can regain speaking Ability and Loss of Hearing Problem.**

**16. CEREBRAL PALSY with EXTENSIVE LEUKO-DYSTROPHY: - SRI ANSHULATH (M) 13 year boy was diagnosed with Cerebral Palsy, White Matter, Extensive LEUKO-Dystrophy, Alexander Disease and Generalized Bilateral Central Seizures. He had developed a progressive sideward bending of spine and found it difficult to sit, stand, walk and could not move his hands, legs and all his joints had become very stiff. He was not able to speak, and could not hold his neck or turn his head. He was unable to turn his eye balls and could not recognize anybody. His Head was heavy and larger in size compared to his face. Both his hands and legs were twisted.**

**His Parents had taken him to NIMHANS and other various Hospitals for consultation. Doctors at NIMAHNS gave them their opinion that his condition will deteriorate day by day and they cannot prescribe any medicine.**



### **BEFORE THE TREATMENT**

**SRI ANSHULATH started Urine Therapy in January 2009 and he started improving day by day in the gradual manner.**

**His Head which looked very heavy and large in size has become light and reduced in size to some extent and his physical features are looking better.**

**He can turn his eye balls, responding to the sound and turning his head.**

**Muscles have developed in his face, hands, legs and other portion of the body. All Joints of his hands and legs have become loose and mobile.**

**His twisted hands and legs have improved, become straight to some extent. He is able to keep his hands and legs straight for sometimes.**

**The above improvements were observed during the period of 4 month. The parents could not continue the treatment due to some unforeseen reasons**

**17. “ALS” ACUTE LUMBAR SPONDYLOSIS, DISC-OSTEOPHYTIC COMPLEXES from C4-5 to C6-7 and DIFFUSE DISC DEHYDRATION : - SRI KRISHNA MURTHY (M) age 39 was diagnosed with a case of “ALS” Acute Lumbar SPONDYLOSIS, Disc-OSTEOPHYTIC Complexes from C4-5 to C6-7 and “Diffuse Disc Dehydration.” He was also a Diabetic patient. In July 2008 he first realized numbness and weakness in his right hand fingers which became weak and inactive. There after his health started deteriorating day by day. Slowly his other parts of the body got effected i.e. right hand, right leg, left hands, and left leg became weak and immoveable. All his joints and muscles had become weak, stiff and in-active. He had pain in the stomach, hands, legs, back and other portions of his body. He had swelling in his both hands and legs and his hairs were falling daily. During the period of 2 years the disease had caused his multiple organ failure. It had also impaired his speaking ability and he was unable to speak properly. He had become totally dependent as he was unable to stand, walk by himself and was unable to hold or lift his hands and legs. Doctors at NIMHANS and other various hospitals advised him that there was no remedy to control or cure the disease and they were unable to stop the deterioration. He was unable to get any relief and his health which was becoming aggravated day by day.**



#### **AFTER 12 DAYS OF TREATMENT**

**Sri KRISHNA MURTHY STARTED Urine Therapy in July 2010. He stopped all his medicine. In the short period of 12 days the deterioration of his health stopped completely and he achieved remarkable improvement. He does not have swelling in his hands and legs and hairs have stopped falling. He has been relieved from pain in the stomach, back, legs and other portion of his body. His joints and muscles have become loose, active and mobile. He was able to lift his both hands & touch his face which was inactive earlier. He was able to sit and walk with the light support of 2 persons. His speaking power has also improved and he was able to speak much better than earlier.**

In the period of 3 months Sri Krishna Murthy health has gradually improved day by day. He was able to sit straight properly in a comfortable manner. Before the treatment his shoulders were bending towards front. He regained his energy and stamina in his body and was feeling much better. Earlier he used to feel vibration in his body which has totally stopped. His joints have become more loose and mobile. He could lift his hands easily. He was able to walk by himself individually with the support of walking stick. His speaking power had improved and could speak in a better manner.

**DIABETES:** - He was also a Diabetic patient from last 8 years. He was taking 2 tablets daily and had un-controlled blood sugar i.e. above 200mg/dl.

After starting Urine Therapy the fasting sugar level was being observed from day to day. Whenever the fasting blood sugar was observed as 80 mg/dl and below then ½ tablets was reduced. In the similar manner the tablets were gradually reduced to Nil. In the period of 2 months it was observed that the fasting sugar level was normal without taking any tablets. After 2 months he was not taking any tablet and his blood sugar was in normal range. His Damaged Pancreas has revived and Diabetes from 8 years has been cured. For unforeseen reasons he stopped his treatment after 3 months and went to his native place.

**18. CHRONIC KIDNEY FAILURE:** - Dr. JAYASHREE (F) age 47 years was diagnosed with Chronic Kidney Failure. She was undergoing Dialysis treatment for 3 times in a week from last 4 years. She had completed her 458 rounds of Dialysis. After Dialysis she used to feel weak and tired.

**DR. JAYSHREE** started Urine Therapy in September 2010. Initially she was able to pass only 30 ml of Urine in full day which gradually increased and during the period of 30 days she was able to pass 120 ml of Urine which she used to drink it. As the out put of Urine was very less she was massaging her body with cow's Urine. After 30 days her damaged kidney's has started reviving and working and she was going for Dialysis 2 times in a Week instead of 3 times. She was not feel weakness or tiredness in her body after dialysis treatment. She gained stamina and she was feeling energetic, healthier than earlier. She stopped the treatment and as she went out of station to attend spiritual meeting after 2 months.

**DIABETES:** - She was also a Diabetic patient from last 20 years. She was taking 54 units of injection daily (32 units in morning and 22 in night) within a period of 30 days the injection has reduced and she is taking only 30 units in the morning and her blood sugar were within normal range.

**19. IN FERTILITY; -SMT NALINAKSHI (F) AGE 36 years and SRI RAMESH (M) 38 years were married in the year 2004. SMT Nalinakshi has not been able to conceive and could not become pregnant during six years.**

**Husband and wife both had consulted Gynecologists and visited Doctors at GUNASHEELA IVF CENTRE and consulted various Infertility specialists. They underwent the Medical test, scanning, x-ray and completed all the necessary procedure. It was diagnosed with “Primary Infertility”.**

**Sri Ramesh diagnosed report of “SEMEN ANALYSIS” indicated that he was afflicted with disorder of low sperms counts and low sperm motility.**

**Smt. Nalinakshi diagnosed for afflicted with Thyroids problem. She was also suffering from menstruation problem of premenstrual syndrome “P M S”. She used to get irregular periods within 20 to 22 days. During the time of her periods she used to have excessive bleeding, stomach pain and discomfort ability. She had consulted for her “P M S” problem with number of Gynecologists but none of the Doctor’s could advise her any remedy for her problem.**

**SMT Nalinakshi underwent IUI “Intra Uterine Insemination”. It is the procedure wherein male partner’s Sperms are concentrated and injected directly into the female reproductive tract of Uterus for the purpose of enhancing the chance for successful pregnancy.**

**She underwent IUI procedure for three times at**

- 1) ARUNODAYA CLINIC**
- 2) CAMBRIDGE HISPITAL**
- 3) G M HEALTH CARE.**

**All the 3 times results were negative, and she was not able to conceive.**

**Finally Doctors advised her to undergo IVF “In Vitro Fertilization”. It is the procedure wherein female partner’s eggs are removed from her ovaries and are fertilizes with male’s sperms outside the woman’s body in the laboratory. The fertilized eggs “embryos” are transferred to woman’s Uterus for pregnancy to proceed.**

**The procedure of “IVF” was conducted at Dr. RAMESH HOSPITAL in June 2010. She underwent the procedure of “IVF” with hopes to fulfill her ambition to bear a baby but she was disappointed as the results came out as negative and she was not able to conceive. They had to spend rupees 2 lakh to undergo the treatment. They had tried almost everything to fulfill their dream but nothing worked and they were extremely stressed and dejected.**

**On my advice SMT Nalinakshi and SRI Ramesh started Urine Therapy in December 2010. Both of them busy were with their daily routine and were going to their office during the day time. They started doing partial treatment of Urine Therapy after coming back from their office during night time and in the morning before going to office.**

**Premenstrual Syndrome: - She was relieved from her PMS problem “Premenstrual syndrome” in the period of 2 months. Her irregular cycle of her periods became normal and she was getting her monthly period in regular time i.e. on 28<sup>th</sup> days in a normal manner without and discomfort ability.**

**On 19<sup>th</sup> March 2011 after completing 3 months of partial treatment they underwent medical check up once again and their diagnosed report indicated remarkable improvement.**

**LOW SPERM COUNTS & LOW MOTILITY: - The results of Sri Ramesh “SEMEN ANALYSIS” showed as “Normal”. His low sperm counts and low motility counts had increased and have become active.**

**THYROIDS: - The investigation reports of Smt. Nalinakshi “Thyroids” showed the Normal range of Free T3, T4 and TSH. The reports of Hemoglobin, HbA1c and all her other test showed as normal range.**

## **Mode and the Method of Treatment for Chronic Patients:-**

**The proper method of “Urine Therapy” is:-**

- a) Drinking Urine.**
- b) Massaging the whole body with the Urine.**
- c) Keeping Urine wet pack on the affected portion of the body.**
- d) Drinking water, juices and maintaining a balanced light diet.**

**It is very important and necessary to maintain balance and light Diet along with Drinking Urine, Massaging the body with Urine and keeping Urine Wet Pack for the patients suffering from Chronic Disease to achieve the maximum Benefits.**

**People should develop positive attitude and should have total faith in Natural Remedy which can save their life and relieve them from all kinds of pain and sufferings. In this treatment a person will realize the Benefits according to the individual’s faith, interest, efforts, Diet and the Method of treatment. People who are adopting this treatment willingly and in cheerful manner will find the gradual improvement in their health day by day in a short period of 10 days.**

**The color and the taste of the Urine depends upon the persons what they eat and drink. If a person who keeps on drinking more water and juices every one hour will pass more Urine, his internal body will become clean and his Urine color will become white (color less like water.) In the similar manner if a person who eats balanced light diet and does not consume oil, salt, spice and chilies in his diet then his Urine will not contain any smell.**

**People who are busy in their daily routine and other activities who cannot find time to do the entire method of treatment but want to keep them healthy can drink Urine in the following manner and keep them healthy. After taking light dinner in night and before going to bed they should drink 1000 ml (one LITRE) of water. During mid-night or early morning they will pass light yellow color or white colorless Urine which they should drink it. Thereafter they can keep on drinking Urine and water 2 or 3 times according to their convenience. In this manner they can easily drink one or 1 ½ Litre of Urine before breakfast. They can also adopt this method during any time of the day according to their convenient and keep themselves hale and healthy.**

**The persons who want to adopt Urine Therapy but hesitate or cannot make up their mind to drink Urine then initially they can start the treatment by massaging their body with urine initially. They will realize benefits by messaging and thereafter they can make up their mind and start drinking.**

**If a person who drinks water, juices and consume only balanced light diet will pass white color Urine which will not contain any smell. White color can be consumed without any hesitation as it tastes like pure water which contains valuable proteins and vitamins to maintain healthy life.**

**A person can also achieve gradual improvement by Only Drinking Urine or by Only Massaging the body with Urine or keeping Urine Wet Pack.**

**By Only DRINKING Urine a person's internal Body gets clean, rejuvenated and he will feel energy flow in his body. It will revive and rebuild the resistance power of his vital organs like Brain, Heart, Lungs, Pancreas and Liver etc. which gets damaged due to some disease.**

**Drinking Urine is the best tonic, whoever takes the trouble of experimenting and drinks Urine first time will be convinced and satisfied. The persons who drinks about one LITRE of Urine (white or light yellow color) daily during any time of the day and massage their body once a day will find a great relief from pain, sufferings and can gradually control and cure their disease. They can avoid taking number of tablets and keep them healthy.**

**By Only MASSAGING with Urine persons can cure all kinds of Skin diseases. The Skin becomes clean and all the un-natural black marks and the white patches will disappear. It will provide the permanent natural glow to the skin which cannot be achieved by visiting any "SPA or Beauty par-lour," By massaging and applying Urine on body most complex diseases of skin are totally cured and the skin becomes clear and soft. For the tremors and numbness of the body parts and paralysis massaging with Urine is very effective and the stiff joints become loose, flexible and mobile.**

**By Applying Urine on the body at the time of fever, temperature can be brought down considerably. Urine is the best anti-septic available for the purpose of healing cuts, wounds and burns and it work like wonders.**

**By only keeping Urine wet pack person can be relieved from many problems. It can cure gangrene, long standing ulcer and wounds which does not heal with medicine. It can stop the falling of hair and the hairs will become strong and start growing longer. Some of the persons who have become Bald will be surprised to find the hairs re-growing on their Bald head.**

**Urine is also effective in dental and other oral troubles. For ordinary pain in the teeth one should keep some urine in the mouth and rinse it for few minutes which should be repeated for six times in the morning and evening.**

**Blood is developed and generated in our body by Nature. Transplantation of blood from one person to another person is performed in many severe cases of disease to save lives of millions of persons.**

**Urine is the “Devine Nectar” and since Urine comes from the blood, it would qualify anyone who drank each others Urine provided if it is followed by the proper diet. Urine of a healthy person can be drunk or messaged by any other person who have difficulty or unable to collect his own Urine. A Person can drink Urine of any other healthy person as there is no other remedy equaling to this on earth. It contains healing power which is amazing and a person gets enlighten spiritually which has to be experienced personally.**

**Mother can collect her white color Urine (color less like water) and give it to her child for drinking immediately after she passes from her body provided she drinks more water and eat only light and balanced diet. This method can be adopted and Urine can be given to the children who are affected with disease by birth like Cerebral Palsy and mental disorder etc.**

**Some women who have the burning ambition to bear babies are unable to conceive children due to infertility for some unforeseen reasons or due to insufficient active sperms of husband. To full fill the ambition to have their own children a husband and wife both of them has to drink each others fresh Urine. Both of them should take the same balanced and light diet along with juices and follow the proper method of Urine Therapy. Urine of both the persons will have the same basic taste if they consume the same diet.**

**Wife has to drink husband’s Urine and message her body with husband’s Urine and husband has to drink wife’s Urine and message his body with wife’s Urine. They should also wash their sexual organs with each other’s Urine. This would transfer hormones from partner’s body and strengthen sperms and make it possible for conception to take place. Apart from increasing higher sperms counts it increases the sexual stimulating capacity and sexual pleasure. While doing this treatment they should continue intercourse and keep on trying until one of these sperms succeeded. A husband’s Urine drunk by wife in labour helps the birth and she can also drink her own Urine during the pregnancy.**

**Some women suffer from abdominal pain, white discharge, excessive bleeding and irregular menstruation problem i.e. premenstrual Syndrome (PMS). They get the periods in advance before monthly cycle of 28 days and they suffer from various problems. Some of them undergo hysterectomy (removal of the uterus). Urine Therapy stimulates the body’s natural healing processes to rebalance their hormones and regularize their monthly cycles.**

**Person who has Diabetes should observe their sugar level regularly and whenever their Fasting sugar level falls to 80 mg/dl or below that, they should decrease their tablets. If they are taking 2 tablets they should reduce it by ½ tablets every time (i.e. by 25%) Similarly if they are taking injection they should reduce by 25% every time. They can control and cure their Blood Sugar in the above simple method and maintain their regular activities. Persons will realize and observe that their blood sugar level improving day by day and they can gradually reduce their tablets or injection after observing their test reports. The damaged Pancreas will revive and start functioning.**

**Chronic Kidney Failure patients who are on Dialysis treatment for 3 times in a week and who are advised to under go kidney transplantation will also realize benefits in a short period of 1 or 2 month by adopting Urine Therapy. Persons can start Urine Therapy and at the same time they can go for Dialysis every in the usual manner i.e.3 times in a week. They should check Creatinine before going for Dialysis and when ever Creatinine results indicate 2.00 mg/dl or below, then they should go for Dialysis 2 times a week. Similarly they can reduce it to once a week and later on stop going for Dialysis. The damaged Kidney will revive and start functioning gradually in the normal manner and persons can be relived from their major problems. They will not be required to go for Dialysis or Kidney transplantation.**

**The Persons who are on Dialysis or who are having high potassium in the Blood should cut the vegetables and soak it in water for 4 to 6 hours to remove the excess potassium from vegetables and than use it which will control the potassium level in the blood. After drinking Urine if the persons who are not able to collect the sufficient Urine for massaging and keeping urine wet pack, then they can take some other persons urine who are taking light diet and juices and use it. They can also collect Cow's Urine and use it for external massaging. Persons who are unable to pass sufficient Urine or who are having swelling on the parts of the body can take LASIX tablet initially for a short period.**

**Persons who have Arthritis having difficulty in walking and climbing stair case with knee problem should apply Urine on the knee and rub it lightly till it becomes dry. They should apply Urine again in the similar manner and dry it for 3 times. They can also keep Urine Wet Pack on the knee which is more effective. This should be repeated for 3 to 4 times in a day. In a short period of 10 to 15 days they will be relieved from severe pain, stiff joints will become loose, mobile and they will be able to walk and climb the stair case.**

**Walking, Exercise, Yoga and Physiotherapy along with this treatment will boost the immunity system and increase the Resistance Power of a person affected with Chronic Disease to recover and heal quicker.**

## **Method of Drinking, Massaging and keeping Wet Pack**

**Put three NEEM leaves in a glass of water at night and drink it in the morning. Pray God to heal you and keep you healthy.**

**Drink 1.5 LITRES of water in morning.**

**Every one hour drink Urine or water.**

**Drink Urine 2.5 LITRES (and above) from morning to evening**

**Put fresh urine drops in Eye, Ear and Nose 3 times a day.**

**Note: - Drink white color Urine (colorless like water) or very light yellow color Urine and collect the remaining Urine in the bottle and keep it for massaging the body and for applying Urine wet pack.**

**Massage body (from head to toe) with Urine in the following manner:-  
Apply Urine on the whole body and keep on rubbing lightly till it is dry.  
Apply Urine again, keep on rubbing and dry in the same manner 3 times.  
The proper massage to dry it for 3 times will take about one hour.  
Massage whole body in the above manner 2 to 4 times a day.**

**After massage: - Keep Urine wet pack on stomach and on the other effected portion of the body for 2 hours, two times in a day.  
Keep Urine wet pack again at night and remove it in the morning.  
For Urine wet pack: - Take a cotton cloth and soak it in Urine. Wrap Urine wet cloth and roll it around 3 times on stomach and the other affected portion.  
Wrap plastic paper on top of the "Urine wet cloth" to cover it,  
Wrap again another cotton cloth on the top of the plastic paper.  
After removing Urine wet pack, take bath with warm water when required.**

**Mix 2 table spoon of Honey, 1 table spoon of lime juice, I table spoon of Ginger juice, ½ table spoon of Turmeric juice in warm water and drink the juice daily in the morning. (Soak Ginger and turmeric pieces in water for 24 hours cut it, grind it and make juice). Persons suffering from Gall stones, stomach Cancer / Ulcer or bile duct obstructions should not take this juice. This can be repeated in evening and night in case of Cough, Cold and Fever.**

**Drink any of the following Juices every 2 hours i.e. 6 glasses of juices in a day.**

<b>Carrot</b>	<b>Apple</b>	<b>MOSAMBI (Sweet lime)</b>
<b>Tomato</b>	<b>Lime Juice</b>	<b>Butter Milk</b>
<b>Pomegranate</b>	<b>Coconut Water</b>	<b>Soya Milk</b>
<b>Wheat Grass</b>	<b>Barley Water</b>	<b>Skimmed Cow's Milk / Goat's Milk</b>

## **Balanced and Light Diet to be followed as mentioned below:-**

**Breakfast:** - White Oats porridge with 6 pcs Walnut and 10 pcs Almonds.

**Mid morning:** - Papaya, small plantain.

**Lunch:** -Brown broken (MUTTA) Rice with Curds or with boiled vegetables

**Evening:** - Brown Bread, Salad or apple.

**Dinner:** - Sprouted and boiled Green gram (MOONG) or green gram soup  
And Boiled vegetables or Salad

**Can include:** - JAGGERY, Honey, Dates, Ginger, Garlic and Lime.

**Boiled vegetables:** -Carrot, Cabbage, Beans and baby corn

**Salad:** -Tomato, Cucumber and grated Carrot

**Fruits:-** Apple, small plantain. Papaya, Sapota (Chikoos), Strawberries

**Do not use:** - Soap, Oil, Coconut, Refined Sugar, Salt, and Chilies.

People can start the treatment by drinking Urine, massaging the whole body with Urine and keeping Urine wet pack on stomach and on the effected parts of the body. Drink Urine, water and juices every one hour and along with that they can take light balanced diet. This can be continued for a longer time to achieve benefits to control and cure the disease as this is the safest method. This method of treatment can also be adopted by young children's who are effected by cerebral palsy or with any other disease by birth.

### **After 3 month can include the following diet:-**

**Chapatti (ROTI):** -Cholesterol Management ATTA mixed with plain ATTA.

**Green gram Dose or Idly** (Sprouted green gram has to be grinded to paste)

**Cow's Pure Ghee** in small quantity (Maximum one table spoon per day)

**Cholesterol Free Butter** in small quantity (maximum 10 grams per day)

**Vegetables:** - Spinach, Fenugreek, Bottle Gourd, Ridge Gourd (TURAI),

Cabbage, Cauliflower, TOOR dhal, Green gram, Black gram, and Onion.

Rock Salt, Black pepper and JEERA can be taken in small quantity.

The persons who are adopting Urine Therapy in the above method should not take and Vitamin, Antibiotic, strong tablets and injections. However they can take light tablets for Diabetes, B.P. Heart and other problems if they feel it is necessary and cannot be avoided. These tablets also should be gradually reduced as and when they find progress in their health.

The persons who are suffering from Cancer should drink Carrot, coconut water, Tomato, Pomegranate and Wheat Grass Juice daily. To make Wheat Grass juice take 40 gms of wheat grass cut into ½” pcs, put it in a mixer grind it and drink it.

## **Benefits of Juices and balanced Light Diet “Healthy Diet”**

Juices and light Balanced Diet is “Healthy Diet.” It is the Natural source of essential minerals, Proteins, rich vitamins and important Antioxidants compounds. It improves blood circulation, cleans digestive tract and strengthens the immunity system. It rejuvenates the body and is helpful and beneficial for several Diseases. It is also beneficial for Obesity and helps to Loose Weight, gain Energy and stay healthy without any side effect.

### **Recommended Fruits and Vegetables for Certain Diseases**

	B.P	Diabetes	Cholesterol	Cancer	Heart	Asthma
<b>APPLE.</b>	✓	✓	✓	✓	✓	✓
<b>BEANS.</b>	-	✓	✓	✓	-	-
<b>B.BREAD.</b>	✓	✓	-	✓	✓	-
<b>B.RICE.</b>	✓	✓	✓	✓	-	-
<b>CARROT.</b>	✓	✓	-	✓	✓	✓
<b>Cholesterol Management</b>						
<b>ATTA</b>	✓	✓	✓	✓	✓	-
<b>MOONG.</b>	✓	✓	-	-	✓	-
<b>OATS.</b>	✓	✓	✓	✓	✓	✓
<b>TOMATO.</b>	✓	✓	✓	✓	✓	-
<b>Pomegranate</b>	✓	✓	✓	✓	✓	-
<b>Wheat Grass</b>	✓	✓	✓	✓	✓	✓

**ALMONDS** are rich source of Vitamin E, calcium, phosphorous, iron and magnesium. It contains the most nutrients in comparison to all other nuts. It is known to have great medical value and is beneficial for many diseases.

**APPLE** contains essential nutrients, antioxidants which helps to protect the body from certain illness and prevent the body from developing cancer and heart disease. It lowers High Blood Pressure, strengthens intestines and helps in eliminating toxic elements. It is good for energy.

**BROWN BREAD (Wheat Bread)** contains high fiber, antioxidants such as vitamin ‘B’ and Iron. It is beneficial for constipation, heart disease, cancer, Blood pressure, diabetes and helps to promotes good health,

**BROWN RICE** is an excellent source of magnesium, calcium, iron, selenium, manganese, and contains vitamins B1, B2, B3, and B6. It is a good source of dietary fiber and protein. It helps to prevent cancer, high BP and control blood glucose levels in diabetes and has the ability to lower cholesterol.

**BEANS** are the good source of nutrients, potassium, Calcium. It provides all the necessary carbohydrates and helps to lower cholesterol, blood sugar. It is beneficial for heart disease, cancer and helps intestine.

**BOTTLE GOURD (LAUKI)** is rich in essential minerals, Iron, Protein, fiber, Vitamins C and B complex. It is helpful in digestion problem, Diabetes, Liver function, Blood Pressure, Heart Disease, Urinary disorder etc.

**BUTTER** is the source of vitamin A, E, K, Calcium, Anti-oxidants, Iodine, Energy and Vital Mineral, It helps to improve muscle, strong bones, immunity system, nerves system and development of brain function.

**BUTTER MILK** is the valuable source of essential vitamins, Calcium, protein, mineral etc. It supplies the nerves and skin with healthy ingredients and helps to relive gastrointestinal disorders and constipation.

**CABBAGE** is low calorie, nutrient-dense food and is the source of many nutrients including vitamin C, Folic acid, potassium, Calcium, biotin magnesium and iron. It is helpful and beneficial for Cancer, heart problem, Diabetes, Asthma, Bronchitis, cough impurities of blood, indigestion, obesity and defective vision.

**CARROT** is the source of vitamin A, B1, B2, B6, C, E, K, Folic acid, Potassium, Calcium, Biotin, Magnesium, Manganese and Iron. It is the low chlorine, nutrient-dense food and contains Photochemical which has Anti-Cancer properties. It is beneficial for Cancer, Diabetes, Head Ache, Asthma, Bronchitis, Gallstone problem, Liver disease, intestinal ulcers, Digestion problem, immune system and skin wounds. It is muscle builder, Blood cleaner and Eye strengthener and helpful in scanty urination.

**CAULIFLOWER** is an excellent source of fiber which helps to improve colon health. It contains vitamin C and ALLICIN which can improve heart health and risk of strokes. It can strengthen the immune system and helps to maintain healthy cholesterol level. It is highly nutritious and contains many nutritious that can help to prevent range of diseases.

**CHOLESTEROL MANAGEMENT ATTA** has the high proteins, energy, carbohydrates and dietary fiber is the rich source of magnesium, manganese, copper and phosphorus. It contains healthy ingredients of Soya proteins, oats and barley. It helps to reduce high cholesterol, improves digestion and beneficial for constipation, BP, diabetes, cancer, hypertension, stroke and heart diseases.

**COCONUT WATER** contains Calcium, nutritious, electrolytes, potassium, is natural sterilized and does not have cholesterol. It improves circulation, cleans digestive tract and strengthens the immune system.

**CUCUMBER** is cool, digestive, stimulant of gastric fire. It gives relief in arthritis, benefits in rheumatic condition, diabetes and cures diseases related to Urine. It is helpful in reducing obesity and loses weight.

**CURDS** (Skimmed curds) contain Calcium, valuable source of protein, essential vitamins and minerals. It supplies the nerves and skin with healthy ingredients. It helps to relive gastrointestinal disorders and constipation.

**DATES** contains vitamin 'B', Iron, Carbohydrates, Magnesium, potassium and good source of dietary fiber. It provides natural sugar for energy which is essential mineral to maintain muscles, healthy nerve system. It is helpful for constipation, abdominal cancer, strengthens the weak heart and uterus muscles. It gives extra energy to body helps to increase hemoglobin, weight gain, muscle and bone development.

**FENUGREEK (METHI)** contains proteins, vitamin C, niacin and potassium. It can cure number of ailments and it is beneficial for cholesterol, diabetes, constipation, high triglycerides, arthritis, asthma, stomach disorder, respiratory disease and kidney problem.

**GARLIC** lowers High Blood Pressure, has effects of making the Blood Vessels wider, slows the pulse, modifies the heart rhythm, and relieves dizziness, shortness of breath and formation of gas.

**GHEE** (Cow's Pure Ghee) has the natural value, rich in Antioxidants which strengthen and boost the immunity system and has power of quick restoration of physical strength and vitality for those suffering from weakness. It helps to balance excess stomach acid and maintain mucus lining of the stomach. It penetrates, rejuvenates lipid membranes in the body and aids poor digestion. It promotes memory, intelligence and enhances brain function.

**GINGER** is a natural ingredient has the good source of potassium, magnesium, copper, manganese. It has the healing power to stimulate digestion, reduces gas and effective in preventing the symptoms of motion sickness including dizziness, nausea, vomiting. It is beneficial for digestive ailment, migraine, arthritis, high BP, reliving gas stopping diarrheas and helps to reduce severity of cold symptom, allergies etc.

**HONEY** is an important nutrient and contains iron, calcium, sodium, phosphorus, potassium, provides almost instantaneous energy, used as curative and preventive for several ailments. It is good for eyes and Asthma, beneficial in diseases of the lungs, dislodges phlegm, and promotes growth of hair and the effective remedy for constipation and hyperacidity. It helps to maintain balance of hemoglobin and red blood corpuscles.

**JAGGERY (GUR)** is unrefined sugar rich in number of nutrients like proteins, minerals, phosphorous, iron, magnesium, calcium, vitamins, potassium etc. It helps in purifying blood, regulating liver function, blood pressure, immune system and jaundice and preventing rheumatic afflictions. It strengthens nervous system and helps to relax muscles and relief from fatigue, control BP and has great benefits to clotted blood. It is beneficial for cough, asthma, indigestion, migraine, throat, lung infection and constipation.

**JEERA (CUMIN SEED)** helps to purify blood, formation of hemoglobin and is beneficial for indigestion, abdomen/pain and heart related ailments.

**LEMON (LIME)** strengthens the blood vessels, arteries, and prevents internal hemorrhage. It gives relief in kidney, bladder and abdominal disorder and helps to cure innumerable diseases. It is powerful antibacterial, dislodges phlegm, removes constipation and prevents vomiting.

**MILK (Skimmed milk)** contains less fat, helps in blood circulation, respiratory disorders and acts as a tonic, a tranquillizer and relives acid condition of the system. It helps in maintaining health, blood circulation.

**MOONG DAL (Green Gram)** is the good source of high fiber, nutrients, proteins, calcium and essential vitamins. It is easily digestible and it provides energy, various number of health beneficial and it beneficial for heart problem, diabetes, high BP all other chronic diseases.

**MOSAMBI (sweet lime)** contains valuable nutrients and provides nourishment to the body. It increases vitality, resistance power and effective in vomiting, dehydration and blood-impurities.

**NEEM LEAVES** stimulates digestive and immune system. It improves liver function, detoxifies the blood and promotes healthy circulation, respiratory, digestive system. It is beneficial for AIDS, cancer, diabetes, kidney problem, nerves problem, blood disorder and heart disease.

**OATS** is the good source of essential vitamins, calcium, protein, energy, carbohydrates, soluble fiber and nutrients. It is rich with antioxidant, acts as aid in the absorption of vitamins and minerals from other food and strengthens the immune system. It stimulates the secretion of stomach acid to help digestion, effective in lowering blood cholesterol and can reduce hypertension and high BP. It is beneficial for cancer, diabetes, asthma, heart problem and can reduce the risk of cardiovascular disease and stroke.

**PAPAYA** is the Source of Vitamin 'A', 'B', and 'C' is beneficial for heart, liver, kidney problem, abdominal disorder, urinary disorder and constipation. It gives relief to Asthma and helps to improve diseases.

**PLANTAIN (BANANA)** has a great nutritional value a rare combination of energy value, tissue building elements, proteins, minerals, vitamin C, A1, B6, B12 and has good source of calories to promote healthy digestion and help in the regeneration of healthy tissues. It is beneficial for intestinal disorder, constipation, arthritis, gout, kidney problem etc.

**POMEGRANATE (ANNAR)** is a good source of excellent antioxidants, increases blood flow to the heart and lowers LDL cholesterol. It is a good source of vitamin A, C, E and Folic Acid. It provides nutrition, increases intellect, and vitality. It is beneficial for stomach disorder, heart problem Cancer, Anemia, Diabetes, Blood Pressure, liver, and kidney problem, burning sensation, fever, cardiac trouble, mouth-disease and vocal disorder.

**ROCK SALT** contains minerals and elements necessary for health. It helps in clearing mucus plugs, phlegm from lungs and congestion in sinuses. It balances blood sugar level assisting in the generation of hydroelectric energy in the cells of the body. It is beneficial for asthma, allergies, rheumatism, high BP, migraine headache and other problem.

**SOYA MILK** contains high number of healthy compounds. It is the source of energy, protein, vitamin a, D, Calcium, Phosphorus, Carbohydrates. It is helpful in reducing cholesterol, triglycerides and beneficial for heart disease, cancer, diabetes, kidney problem and various other health problems.

**SAPOTA (Chikoos):-** It contains good source of minerals like, potassium, copper, iron and antioxidant vitamins like vitamin A and Vitamin C which is essential for vision, skin and bones. It helps body develop resistance against infection and relieve constipation. It protects from lung and oral cavity cancer and builds strong teeth.

**SPANICH (PALAK)** is an excellent source of vitamin K, carotenes, vitamin A, B1, B2, B6, C, E, folic acid, magnesium, iron, calcium and potassium including bone building nutrients. It can decrease the risk of cataract and other age related macular degeneration of the eye sight. It is beneficial for osteoporosis, heart disease, cancer, arthritis, high BP and for maintaining bone health.

**TURMERIC** purifies the blood, stimulates, strengthens the liver and makes the entire body healthy and activated. It is useful in cold, cough, swelling, gas, blood-impurities, diabetes, wounds and skin-disease.

**TOMATO** is the source of Vitamin A, B1, B2, and C. It contains calcium, phosphorus, potassium, magnesium, chlorine, sodium and iron. It contains **LYCOPENE** which is antioxidant that can fight cancer cells and other kinds of Diseases. It is helpful for gas, indigestion and constipation and beneficial for Cancer, Vision, Heart problem, Cholesterol, high B.P. Diabetes and Kidney disorder.

**WAL NUTS** are excellent source of protein, rich fiber. It contains vitamin B, magnesium and antioxidants, omega-3, fatty acid and several Anti-Cancer properties. It helps support the immune system and is beneficial for lowering high cholesterol, kidney problem, and asthma, reduces risk of heart problem and keeps arteries healthy.

**WHEAT GRASS** juice is nutritious which contains most of the vitamins and minerals needed for human maintenance. It is an excellent source of calcium, iron, magnesium, phosphorus, potassium, sodium, sulphur, cobalt, and zinc. It is very high in enzymes and it contains up to 70% chlorophyll, which is an important body builder. It builds red blood cells and increases blood, Hemoglobin count, helps combat Thalassemia & Anaemia. It helps in combating diseases such as Cancer, Diabetes, high B.P, Paralysis, Leukemia, Arthritis, Asthma, Menstrual problems, etc. It helps improve reproductive health of both men & women, increase vigour, vitality & helps conceive.

**Juices and Light Diet are the “Natural Healthy Food”  
It is Beneficial and Helpful to Control and Cure many Diseases**

**“Urine Therapy” is the ancient method of treatment.  
The Powerful practice for healing  
“SELF-URINE THERAPY”  
has been referred in  
“SHIVAMBU KALPA VIDHI”  
part of 5000 years old document called  
DAMAR TANTRA  
linking this practice to  
VEDAS the sacred Hindu texts**

**Reference of Urine Therapy is also found  
in almost all the volume of AYURVEDA.  
It is also the ancient method of YOGA practice.  
In TANTRIK Yoga culture this  
practice is termed as “AMROLI.”  
AMROLI comes from the root word “AMAR.”**

**In Ancient Books and VEDAS  
Urine is referred as “SHIVAMBU” (Auto Urine)  
meaning Water of SHIVA.  
They termed “SHIVAMBU” as Holy Liquid.  
According to them Urine is more nutritious than milk.**

**“Urine Therapy” is the ancient method of treatment  
which is very effective healing modality  
and most powerful Natural Therapy.**

**It is the Most Effective Natural Remedy  
and the safest method of treatment.  
It does not have any side effects.  
It can Prevent, Control and Cure  
All kinds of chronic diseases.  
It is an entirely drugless effective system of  
Healing all kinds of Chronic Diseases  
and maintaining good health.**

**God has given us this precious Gift (Urine)  
right from our very birth.**

**In the ancient method “Urine Therapy”  
was practiced in the traditional method.  
The technique of treatment was very difficult  
for most of the people to adopt and achieve its benefits**

**I have studied, Investigated and Researched  
The proper Method and Technique  
to achieve the Maximum Benefits  
from Urine Therapy which can be followed  
by every-one including young children  
suffering from Cerebral Palsy from the very birth.  
It can be adopted and practiced at home  
in a very easy method.**

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1. LORD SHIVA
2. SRI GANESH
3. SRI ANGALA PARMESHWARI MATHA

**“HEALTHY DIET”**



**Juices and Light Balanced Diet is “Healthy Diet”  
It is the Natural source of essential  
Minerals, Proteins, rich Vitamins  
And important Antioxidants compounds**

**“Knowledge is an Ocean”  
The have-s should share it with have-not  
The Ocean will become Nectar  
And the World much better**

**People can come forward to distribute Free Copies of  
“Natural Benefits of Urine Therapy”  
Among the Society and other persons to educate them  
Create Awareness to Help the Man-kind**