

Urine Therapy Research Initiative – Report – Oct 2024

SYNOPSIS

October has been a full month. Most of the focus has been academic reading and analysis for inclusion in the writing. **Highlights:** Discussion with Dr. R about heavy metals, mass spectrometry and urine testing. Planning with Dr. C to start the lab work on stem cells in fresh and evolved urine.

- **Heavy Metals** - In relation to heavy metals, the goal is to continue the writing of a review paper addressing the main resistance to urine as medicine because of fears of toxicity and heavy metals. The paper is meant to answer doubts and point towards relevant questions for further work. Ideally this will help focus research, specifically where to start with testing urine for heavy metals in urine practitioners.
- **HM Research Partners** – I reached out to five researchers. One responded and agreed to a meeting. The notes from the discussion with Dr. R were sent by email on Oct 24th. The other four either did not respond or were retired. I will reach out to more researchers with further questions.
- **Urine Stem Cells Testing** – In relation to stem cells, the goal is to start the process of testing samples with Dr. C. I have a uropathy client close to the research facility who can provide samples of fresh, aged and filtered-aged to the lab when Dr. C is ready. As per the September report, the plan is to start with one person and use these findings to plan a small study on 5 to 10 people.
- **Case Studies** – Another potential is to prepare a review paper based on the urine stem cell and heavy metals research to date. This would link the scientific research with case studies on those who practice uropathy. Case studies on examples, such as Gloria Sharlene, and others who began uropathy while still dealing with a toxic load in the physical body would be a good place to start. The point is to show that heavy metals/toxins cannot be detrimental in urine given the improvements. And that with the improvements in tissue and other aspects of the physiology, i.e. autoimmune symptoms easing, that the stem cells might be bioavailable.

NEXT STEPS:

- November – Finish draft research paper
- Begin the mass spectrometry on urine samples with Dr. C
- Continuing discussions with researchers
- Engage a research assistant for the project to get other aspects underway, such as the social media engagement

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